

Poseidon Socks

Elinor Brown

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<http://exercisebeforeknitting.blogspot.com/>



Materials:

2 skeins Knit Picks Essential [50 g; 75% superwash wool, 25% nylon; 230 yds], shown in Gulfstream

set of 2.5mm double-pointed or circular needle(s), or size required to obtain gauge

NOTE: Addi Turbo US 1s are 2.5 mm; standard US 1s are 2.25 mm; standard US 2s are 3.00 mm. Use whatever size you need to make gauge.

tapestry needle

Yarn Substitutes:

Sock yarns of similar weight, including other Opal yarns, Regia, Lorna's Laces, Fortissima, Socka, Brown Sheep Shepherd Sock, etc.

Measurements:

8 inches around foot

Gauge:

30 stitches = 4"

Abbreviations:

ssk: slip slip knit – slip 2 stitches individually as if to knit, then knit them together through the back loop.

wrap & turn (w&t):

(RS): Bring the yarn in front as if to purl the next stitch. Instead, slip stitch from the left needle to the right needle. Turn.

(WS): Place the yarn in back as if to knit. Instead, slip the last stitch from the left needle to the right needle. Turn.

Lace Pattern:

Rows 1 & 3: k2, *k1, YO, k3, k2tog, k1, ssk, k3, YO* twice, k3

All Even Rows: Knit

Rows 5 & 7: k2, *k1, ssk, k3, YO, k1, YO, k3, k2tog*, k3

Short-row Toe:

Cast on 30 stitches with waste yarn. Join sock yarn and continue in the following manner:

Row 1: Knit

Row 2: YO, p 30. Turn.

Row 3: YO, k 29. Turn.

Row 4: YO, p 28. Turn.

Row 5: YO, k 27. Turn.

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Row 6: YO, p 26. Turn.
Row 7: YO, k 25. Turn.
Row 8: YO, p 24. Turn.
Row 9: YO, k 23. Turn.
Row 10: YO, p 22. Turn.
Row 11: YO, k 21. Turn.
Row 12: YO, p 20. Turn.
Row 13: YO, k 19. Turn.
Row 14: YO, p 18. Turn.
Row 15: YO, k 17. Turn.
Row 16: YO, p 16. Turn.
Row 17: YO, k 15. Turn.
Row 18: YO, p 14. Turn.
Row 19: YO, k 13. Turn.
Row 20: YO, p 12. Turn.
Row 21: YO, k 11. Turn.

Row 22: YO, p 10. Purl the first stitch of the YO pair. Slip the next three stitches purlwise onto the right needle, return them to the left needle and p3tog.

Row 23: YO, k 11. Knit the first stitch of the YO pair. Slip the next three stitches knitwise onto the right needle, return them to the left needle and k3tog.

Repeat rows 22 and 23, making sure to increase the number of worked stitches by one every row, nine times more. Work Row 22 once more.

With a spare needle (or two), pick up the stitches just above the contrasting waste yarn. You should have 29.

NOTE: Because you will be changing the direction of the knitting here, you will only be able to pick up 29 stitches – even though you cast on 30. Additionally, every stitch you pick up will be twisted. Be sure to untwist your stitches before knitting them!!

Row 38: K2tog, K28. DO NOT TURN. This marks the end of the short-row toe. Proceed in the round across instep stitches, working in lace pattern and picking up stitches if you need to reduce holes at the join between the heel and instep stitches.

NOTE: You will need 58 stitches total. Be sure to increase or decrease stitches if necessary in the next round in order to achieve that amount.

You will continue in the lace pattern for the instep stitches and in stockinette for the heel stitches until the sock measures 2" shorter than the desired length. End with instep stitches.

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Short-row Heel:

Row 1: Knit 28 stitches. w&t.

Row 2: With yarn in front as if to purl, slip the first stitch from the left needle to the right needle. Purl 27. w&t.

Row 3: Sl 1, k 26. w&t.

Row 4: Sl 1, p 25. w&t.

Row 5: Sl 1, k 24. w&t.

Row 6: Sl 1, p 23. w&t.

Row 7: Sl 1, k 22. w&t.

Row 8: Sl 1, p 21. w&t.

Row 9: Sl 1, k 20. w&t.

Row 10: Sl 1, p 19. w&t.

Row 11: Sl 1, k 18. w&t.

Row 12: Sl 1, p 17. w&t.

Row 13: Sl 1, k 16. w&t.

Row 14: Sl 1, p 15. w&t.

Row 15: Sl 1, k 14. w&t.

Row 16: Sl 1, p 13. w&t.

Row 17: Sl 1, k 12. Pick up the wrap and knit it together with the stitch (k2tog). w&t so that the next wrapped stitch actually has two wraps.

Row 18: Sl the double-wrapped stitch. P 13. Pick up the wrap and purl it together with the stitch (p2tog). w&t so that the next wrapped stitch has two wraps as well.

Row 19: Sl the double-wrapped stitch. K 14. Pick up both wraps and knit them together with the stitch (k3tog). w&t.

Row 20: Sl the double-wrapped stitch. P 15. Pick up both wraps and purl them together with the stitch (p3tog). w&t.

Repeat rows 19 and 20 until you have picked up all the wraps. You will have 29 stitches and none of them should be wrapped.

Leg

Return to working in the round, continuing in the lace pattern on both the front and back of the sock. Continue for as long as desired, decreasing two stitches evenly over the last row.

Cuff:

Work 20 rows of [k2, p2] ribbing. BO with the tubular bind off. If you cannot achieve the desired elasticity with the tubular bind off, use the method of your choice. Weave in ends.

Now, cast on immediately for the second sock to fight the ubiquitous Second Sock Syndrome!!